THE BARAK

# BRUNCH Menu

*Available Monday to Sunday 10:00 AM – 4:00 PM*

## A LITTLE SOMETHING

**ANGUS BEEF SLIDERS** £8.95
Mini Angus beef burgers layered with cheese, fried onions and Barak sauce in toasted brioche buns.

**BRUSCHETTA** £8.95
French baguette, marinated roma tomatoes, basil, olive oil and a hint of garlic.

**DEEP FRIED CALAMARI** £7.95
Served with lime and aioli sauce.

**DYNAMITE PRAWNS** £8.95
Crispy king prawns tossed in a creamy sweet-spicy dynamite sauce, resting on a bed of lettuce.

**HUMMUS** £6.95
Fresh homemade hummus, toasted sourdough bread.

**LAMB CUTLETS** £11.95
Succulent marinated lamb cutlets chargrilled over an open flame, served with house sauce.

## STEAKS & BURGERS

**CRISPY CHICKEN & FRIES** £14.95
Buttermilk marinated crispy chicken topped with house chilli sauce, lettuce, slaw, and creamy mayo.

**RIB EYE CLASSIC** £24.95
Steak cut fries, cherry tomatoes, house slaw, choice of sauce.

**RIB EYE SPECIAL** £23.95
Barak butter sauce, fresh salad, white baguette, chilli flakes, and crispy French fries.

**SIRLOIN CLASSIC** £21.95
Steak cut fries, cherry tomatoes, house slaw, choice of sauce.

**SIRLOIN SPECIAL** £19.95
Barak butter sauce, fresh salad, white baguette, chilli flakes, and crispy French fries.

**THE LUCY & FRIES** £15.99
8oz beef patty smothered with cheese, mango jam, caramelised onions and signature burger sauce, served in a toasted bun.

## BRUNCH

**CREAMY SHROOMS ON SOURDOUGH** £10.95
Rich creamy mushrooms cooked in garlic sauce, toasted artisan sourdough.

**EGGS BENEDICT** £12.95
Toasted English muffin, salmon or maple beef bacon, poached eggs, hollandaise sauce.

**GRANOLA BERRY** £9.95
Organic granola, Greek yoghurt, forest & summer fruits, honey.

**SALMON AND AVOCADO** £13.95
Sourdough, smashed avocado, smoked salmon and scrambled eggs.

**SHAKSHUKA** £13.95
Spiced plum tomatoes and veg, poached eggs, sourdough.

**STEAK ROYALE** £19.95
Fillet steak, two fried eggs, sautéed potatoes, sourdough, fried onions.

**THE EGG NEST** £12.95
A cosy bowl of noodles topped with egg, crispy prawns, and dressed with spring onions and sesame seeds.

## SIGNATURE BREAKFASTS

**BOLLYWOOD BREAKFAST** £15.95
Masala omelette, channa masala and dall with two parathas and a chutney.

**CLASSIC BREAKFAST** £13.95
Two eggs, sausage, maple beef bacon, sourdough, mushroom, beans, tomatoes and hash brown.

**PANCAKE LA BARAK** £13.95
Buttermilk pancakes, fried egg, beans, maple beef bacon, sausage, hash brown, clotted cream, maple syrup.

**THE VEGGIE** £13.95
Two eggs, sourdough, veggie sausage, mushroom, halloumi, avocado, hash brown, tomato.

## EXTRAS

*Add any of the below to your brunch dish*

AVOCADO | CHEDDAR | HALLOUMI | FRIED EGG | FRIED ONIONS
MUSHROOMS | BEANS | MAPLE BEEF BACON
HASH BROWN | FRIES | SAUSAGE | VEGAN SAUSAGE

£1.95

## SUNDAY ROAST

**SELECTED ROASTS AVAILABLE ON SUNDAYS**

## KIDS MEALS

**CHICKEN BITES** £7.95
Served with mash or fries.

**KIDS CANADIAN** £7.95
Pancakes, scrambled eggs, sausage and maple syrup.

**KIDS ENGLISH** £7.95
Scrambled eggs, beans, chips and beef sausage.

## SMOOTHIES

*Freshly blended using premium fruit*

**BERRY BREEZE** £6.95
Strawberry, blueberry, raspberry.

**MANGO BERRY BLAST** £6.95
Mango, strawberry, blueberry.

**TROPICAL PINEAPPLE COOLER** £6.95
Pineapple, mango, passionfruit.

**WATERMELON SPLASH** £6.95
Watermelon, strawberry, lime.

## FRENCH TOAST

**THE BISCOTTI TOAST** £13.95
French brioche, mixed fruits, Biscoff sauce and Biscoff crumb.

**THE CLASSIC** £13.95
French brioche, mixed fruits, maple syrup, clotted cream.

**THE FRENCH NUTTA** £13.95
French brioche, mixed fruits, drizzled with Nutella and maple syrup.

## COFFEE

*Freshly ground beans served with a Lotus biscuit*

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| AMERICANO | £3.45 |
| CAPPUCCINO | £3.95 |
| DOUBLE ESPRESSO | £3.45 |
| ESPRESSO | £2.95 |
| FLAT WHITE | £3.95 |
| ICED LATTE / ICED MOCHA | £4.95 |
| LATTE | £3.95 |
| MACCHIATO | £3.45 |
| MOCHA | £3.95 |
| KARAK COFFEE | £2.95 |

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| FLAVOURED SYRUPS | £1.00 |
| EXTRA SHOT OF ESPRESSO | £1.00 |

## MILKSHAKES

*Blended to perfection & topped with whipped cream*

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| CHOCO LE BARAK | £6.95 |
| THE BADAM | £6.95 |
| THE BISCOTTI SHAKE | £6.95 |
| THE DOUBLE BUBBLE | £6.95 |
| MIDNIGHT CRUMBLE | £6.95 |

## TEA

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| TEA POT (SERVES 2+) | £6.95 |
| KARAK CHAI | £2.95 |
| MOROCCAN MINT TEA | £2.95 |
| TRADITIONAL TEA | £2.95 |
| MATCHA LATTE (HOT OR COLD) | £4.95 |
| PINK TEA | £2.95 |
| CARDOMOM TEA | £2.95 |

## SOFT DRINKS

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| APPLETISER | £3.95 |
| COCA COLA | £2.95 |
| DIET COKE | £2.95 |
| FANTA | £2.95 |
| HARROGATE WATER 330ML | £1.95 |
| HARROGATE WATER 750ML | £2.95 |
| J2O | £3.95 |
| 7UP | £2.95 |

FRESH JUICE £3.95
ORANGE | APPLE | PINEAPPLE

## DESSERTS

**BELGIAN CHOCOLATE WAFFLE** £7.95
Chocolate ice cream, chocolate sauce.

**CHERRY CHEESECAKE** £7.95
Velvety cheesecake, cherry compote, pouring cream.

**CHOCOLATE BROWNIE** £7.95
Vanilla ice cream, chocolate sauce.

**CHOCOLATE KUNAFA** £9.95
Crispy kunafa pastry, rich chocolate.

**MATILDA CAKE** £8.95
Moist chocolate cake, fudge syrup.

**PANCAKES** £9.95
Fresh fruit, syrup, sweet pancakes.

**SEASONAL FRUIT WAFFLE** £7.95
Seasonal berries, warm maple syrup.

**SEBASTIAN CHEESECAKE** £8.95
Crustless cheesecake, caramelised top, naturally ultra-creamy, melt-in-the-centre texture.

**STICKY TOFFEE PUDDING** £7.95
Moist sponge, rich toffee sauce, vanilla ice cream.

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@THEBARAK.UK

# THE BARAK

STEAKHOUSE

THE BARAK

*Unit 11, Wigmore Park Centre, Wigmore Ln,*
*Luton LU2 9XG, United Kingdom*

Please let us know if you have any food allergies, as some dishes may contain traces of nuts. We recommend making advance bookings. We host large parties/events and welcome any comments or suggestions you may have. Please note that no alcohol is permitted on the premises.